

Menu for August 2017

*Salad bar is available on Tuesday, Wednesday and Thursday

7 August 2017	8 August 2017	9 August 2017	10 August 2017	11 August 2017
<i>Your Choice of Vegetables</i>	<i>Your Choice of Vegetables</i>	<i>Your Choice of Vegetables</i>	<i>Your Choice of Vegetables</i>	<i>Your Choice of Vegetables</i>
INTERNATIONAL CUISINE	INTERNATIONAL CUISINE	INTERNATIONAL CUISINE	INTERNATIONAL CUISINE	INTERNATIONAL CUISINE
<ul style="list-style-type: none"> Potatoes Cream Soups (100 kcal) Pork BBQ Sauce (300 kcal) Grilled vegetable salad (100 kcal) Grilled Potatoes with butter (100 kcal) 	<ul style="list-style-type: none"> Onion Clear Soups (100 kcal) Chicken Cacciatore (300 kcal) Grilled vegetable salad (100 kcal) Spaghettis (100 kcal) 	<ul style="list-style-type: none"> Macaroni tom yum soup (100 kcal) Chicken BBQ Indian Spices (300 Kcal)(NEW) Fresh Salad (100 kcal) Fried Rice with butter (120 kcal) 	<ul style="list-style-type: none"> Pumpkin Cream Soup (100 kcal) Bolognese Pork (300 kcal) Fresh Salad with sweet corn (120 kcal) Spaghetti (120 kcal) 	<ul style="list-style-type: none"> Cabbage Ham Soup (100 kcal) Happy Pizza Fried Day (300 kcal) Fresh Salad with sweet corn (120 kcal) Mash Potatoes (120 kcal)
THAI CUISINE	THAI CUISINE	THAI CUISINE	THAI CUISINE	THAI CUISINE
<ul style="list-style-type: none"> Steamed Rice (80 Kcal) Chicken Steam Rice (450 kcal) Winter melon soups (80 kcal) ข้าวมันไก่ + ซุปฟัก (450 kcal) 	<ul style="list-style-type: none"> Steamed Rice (80 Kcal) Grilled Pork with Thai dressing (450 kcal) Tom Yum Mushroom (80 kcal) หมูย่าง + ส้มตำหิ็ด(450 kcal) 	<ul style="list-style-type: none"> Steamed Rice BBQ Pork teriyaki sauce (450 Kcal) Miso Soups หมูย่างหรือยาคีซอส เสริฟพร้อม มิโสะซุปล (450 kcal) 	<ul style="list-style-type: none"> Steamed Rice Fish sweet plum sauce (300Kcal) Radish with Pork ,tofu soup ปลาทอด ยัด ซอสข้าวเจี๊ยนเสริฟพร้อม ส้มจับฉ่ายหมูต้มน้ำจิ้ม 	<ul style="list-style-type: none"> Steamed Rice Pork Lard (450 kcal) Radish With pork mince Soup ลาบหมู + ส้มจัดหิวใจข้าวหมูสับ เสริฟ พร้อม ข้าวสวย (450 kcal)
NOODLE STATION	NOODLE STATION	NOODLE STATION	NOODLE STATION	NOODLE STATION
<ul style="list-style-type: none"> Pork Noodle Tomyum (275 kcal)(NEW) ต้มยำหมูตั้ง Mix Vegetable Sours soups แกงส้มผักรวมปลาร้าต้ม 	<ul style="list-style-type: none"> Rice noodle with Pork (275 kcal)(NEW) ถั่วจืดญวณ Morning glory coconut curry with fish แกงส้มผักรวมปลาร้า แกงส้ม 	<ul style="list-style-type: none"> Roasted Pork noodle soups (275 kcal) ถั่วต้มหรือหมูแดงต้มยำหมู Massaman Curry Chicken มัสมั่นไก่ 	<ul style="list-style-type: none"> Yen ta foo Fried Chicken เย็นตาโม่ไก่ทอด Green Curry with Chicken แกงเขียวหวานไก่ 	<ul style="list-style-type: none"> Chicken noodle soup (275 kcal) ถั่วต้มหรือหมูตั้ง Red Curry with Betel leave Pork แกงแดงหมูใบชะพลู
VEGETARIAN CHOICE	VEGETARIAN CHOICE	VEGETARIAN CHOICE	VEGETARIAN CHOICE	VEGETARIAN CHOICE
<ul style="list-style-type: none"> Fried Rice Vegetable Tofu (275 kcal) 	<ul style="list-style-type: none"> Pad See eew Tofu (275 kcal) 	<ul style="list-style-type: none"> Fried Tofu with teriyaki (275 kcal) serve with fresh Salad (NEW) 	<ul style="list-style-type: none"> Vegetarian Spicy Soup (255 kcal) ต้มยำหิ็ด 	<ul style="list-style-type: none"> Tofu Korean Stir Fried เต้าหู้เกาหลีเจ
DAILY DESSERT	DAILY DESSERT	DAILY DESSERT	DAILY DESSERT	DAILY DESSERT
<ul style="list-style-type: none"> Salim coconut milk (150 kcal) 	<ul style="list-style-type: none"> Millet ,red bean with coconut milk (150 kcal) (NEW)เป็นกอลูกเหล็กถั่วแดง 	<ul style="list-style-type: none"> Frozen Fruits (150 kcal) (NEW) 	<ul style="list-style-type: none"> Fruits salad (150 kcal) 	<ul style="list-style-type: none"> Fresh fruits (150 kcal)
SNACKS	SNACKS	SNACKS	SNACKS	SNACKS
<p>Morning Snack:</p> <ul style="list-style-type: none"> Butter Marble cake (80 kcal) Fresh Milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> Muffin Cheese (120 kcal) Fresh Milk (80 kcal) 	<p>Morning Snack:</p> <ul style="list-style-type: none"> Ham cheese toast (NEW) (80 kcal) Fresh Milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> Danish Custard (120 kcal) Fresh Milk (80 kcal) 	<p>Morning Snack:</p> <ul style="list-style-type: none"> Pandan Buns (120 kcal) Fresh Milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> Fresh Fruits (120 kcal) Fresh Milk (80 kcal) 	<p>Morning Snack:</p> <ul style="list-style-type: none"> Sandwich Chicken teriyaki (80 kcal) Fresh milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> Chocolate Cake (120 kcal) Fresh milk (80 kcal) 	<p>Morning Snack:</p> <ul style="list-style-type: none"> Croissant butter (80 kcal) Fresh milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> Cheese stick (120 kcal) Yogurt (80 kcal)

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14 August 2017	15 August 2017	16 August 2017	17 August 2017	18 August 2017
<i>Your Choice of Vegetables</i>	<i>Your Choice of Vegetables</i>	<i>Your Choice of Vegetables</i>	<i>Your Choice of Vegetables</i>	<i>Your Choice of Vegetables</i>
INTERNATIONAL CUISINE	INTERNATIONAL CUISINE	INTERNATIONAL CUISINE	INTERNATIONAL CUISINE	INTERNATIONAL CUISINE
<ul style="list-style-type: none"> Potatoes Clear soup (100 kcal) Chicken Hot Mexican Salsa (300 kcal) (NEW) fresh salad Tortilla Bread Fried (100 kcal) 	<ul style="list-style-type: none"> Broccoli cream soup (100 kcal) Chicken New Orleans (300 kcal) (NEW) fresh salad Mash Pumpkins (100 kcal) 	<ul style="list-style-type: none"> Macaroni Clear soups (100 kcal) Lasagna Pork minces (300 kcal) Fresh Salad (100 kcal) Garlic bread (100 kcal) 	<ul style="list-style-type: none"> Cabbage ham Clear soups (100 kcal) Carbonara ham sauce spaghetti (300 kcal) Fresh Salad (100 kcal) Garlic bread (100 kcal) 	<ul style="list-style-type: none"> Tomatoes Macaroni Ham Soup(100 kcal) Happy Pizza Fried Day (300 kcal) Fresh Salad with sweet corn (120 kcal) Fried Potatoes (120 kcal)
THAI CUISINE	THAI CUISINE	THAI CUISINE	THAI CUISINE	THAI CUISINE
<ul style="list-style-type: none"> Steamed Rice (80 Kcal) Chinese Pork braises (450 kcal) Tuna lemongrass Salad (80 kcal) (NEW) <p>หมูตุ๋นยาจีนเห็ดหอม + พู่นาสลัดผัก</p>	<ul style="list-style-type: none"> Steamed Rice (80 Kcal) Basil Pork with chili (300 kcal) Omelet with Vegetable (80 kcal) <p>กระเพาะหมูต้มน้ำเจียว</p>	<ul style="list-style-type: none"> Steamed Rice Panang curry Fried Chicken(450 kcal) Padwoon sen (80 kcal) <p>แกงเผงไก่กรอบ+ผัดขี้รวมมิตร เสริฟพร้อมข้าวสวย</p>	<ul style="list-style-type: none"> Steamed rice (80 Kcal) Sweet and sour Fish fried (480 kcal) Chicken minces soup (80 kcal) <p>ปลาปิ้งหวาน + ส้มจืดไก่สับ</p>	<ul style="list-style-type: none"> Steamed rice (80 Kcal) Chicken Presses on the Pan (450 kcal) Sun Omelets (80 kcal) (NEW) <p>ไก่เผากระเพาะ สลัดน้ำยำ + ไข่เจียวพริกขี้หนู</p>
NOODLE STATION	NOODLE STATION	NOODLE STATION	NOODLE STATION	NOODLE STATION
<ul style="list-style-type: none"> Pork braised noodle with (275 kcal) ก๋วยเตี๋ยวหมูตุ๋น Green Curry Chicken <p>แกงเขียวหวานไก่</p>	<ul style="list-style-type: none"> Roasted Pork noodle with wonton wrap (275 kcal) ก๋วยเตี๋ยวหมูแดงเหี่ยวหมู Coconut chicken Soup <p>ต้มยำไก่กระหล่ำปลี</p>	<ul style="list-style-type: none"> Ramen Steamed Pork (275 kcal) ราเมนหมูตุ๋น (NEW) Red Curry chicken <p>แกงแดงไก่</p>	<ul style="list-style-type: none"> Roasted chicken noodle (275 kcal) ก๋วยเตี๋ยวไก่ตุ๋น Yellow Curry pork <p>แกงเหลืองกระต๊อหมู</p>	<ul style="list-style-type: none"> Pork cake noodle with tom yum (275 kcal) ก๋วยเตี๋ยวต้มยำหมูตั้ง Stir Fried Curry with Pork (NEW) <p>แกงคั่วหมู ผักคอกลิ้ง เครื่องพะงัด</p>
VEGETARIAN CHOICE	VEGETARIAN CHOICE	VEGETARIAN CHOICE	VEGETARIAN CHOICE	VEGETARIAN CHOICE
<ul style="list-style-type: none"> Pumpkin tofu with basils กระเพาะฟักทอง(NEW) 	<ul style="list-style-type: none"> Basil Tofu chill กระเพาะเต้าหู้(NEW) 	<ul style="list-style-type: none"> Flat Rice noodle with tofu Vegetable crispy wonton (275 kcal) 	<ul style="list-style-type: none"> Tofu with Tamarind sauce(275 Kcal) (NEW) เต้าหู้น้ำมะขาม 	<ul style="list-style-type: none"> Flat Rice noodle with tofu Vegetable crispy wonton (275 kcal)
DAILY DESSERT	DAILY DESSERT	DAILY DESSERT	DAILY DESSERT	DAILY DESSERT
<ul style="list-style-type: none"> Ruby Dumpling (150 kcal) ทับทิมกรอบ 	<ul style="list-style-type: none"> Fruits Salad (150 kcal) ฝรั่งลัดดี 	<ul style="list-style-type: none"> Fruits Salad (80 kcal) ผลไม้ 	<ul style="list-style-type: none"> Grass jelly เจลาติน 	<ul style="list-style-type: none"> Lod Chong ลอดช่อง
SNACKS	SNACKS	SNACKS	SNACKS	SNACKS
<p>Morning Snack:</p> <ul style="list-style-type: none"> Corn flake with try fruits (150 kcal) Fresh Milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> Danish chocolate (kcal) Fresh milk (120 kcal) 	<p>Morning Snack:</p> <ul style="list-style-type: none"> Sandwich Ham (150 kcal) Fresh Milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> Fresh Fruits (kcal) Fresh milk (120 kcal) 	<p>Morning Snack:</p> <ul style="list-style-type: none"> Croissant cheese (150 kcal) Fresh Milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> Sweet Corn with butter ,honey (80 kcal) Fresh Milk (80 kcal) 	<p>Morning Snack:</p> <ul style="list-style-type: none"> Chicken Cheese toasted(150kcal) Fresh Milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> Mini Chocolate twist 80 (kcal)(NEW) Milk Pudding (120 kcal) 	<p>Morning Snack:</p> <ul style="list-style-type: none"> Vanilla Jam Roll (100 kcal) Fresh Milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> Fresh fruits (80 kcal) Yogurt (80 kcal)

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21 August 2017	22 August 2017	23 August 2017	24 August 2017	25 August 2017
<i>Your Choice of Vegetables</i>	<i>Your Choice of Vegetables</i>	<i>Your Choice of Vegetables</i>	<i>Your Choice of Vegetables</i>	<i>Your Choice of Vegetables</i>
INTERNATIONAL CUISINE	INTERNATIONAL CUISINE	INTERNATIONAL CUISINE	INTERNATIONAL CUISINE	INTERNATIONAL CUISINE
<ul style="list-style-type: none"> • Tomatoes clear soups (100 kcal) • Fresh Salad (80 kcal) • Honey Marinated Pork BBQ sauce (450 kcal) • Garlic bread (100 kcal) 	<ul style="list-style-type: none"> • Corn Cream Soups (100 kcal) • Fresh Salad (80 kcal) • Chicken macaroni cheese sauce (450 kcal) • Bread Roll with Butter (100 kcal) 	<ul style="list-style-type: none"> • Tomatoes cream soups (100 kcal) • Fresh Salad (100 kcal) • Fried Fish with Paprika Caesar sauce (450 kcal) • Tomatoes Fried rice (100 kcal) 	<ul style="list-style-type: none"> • Vegetable Clear Soups(100 kcal) • Vegetable Sauté (100 kcal) • Grilled Pork with gravy sauce (450 kcal) • Mash potatoes (100 kcal) 	<ul style="list-style-type: none"> • Chicken Clear Soup (150 kcal) • Fresh Salad (100 kcal) • Happy Friday Pizza (450 kcal) • Fried Potatoes (100 kcal)
THAI CUISINE	THAI CUISINE	THAI CUISINE	THAI CUISINE	THAI CUISINE
<ul style="list-style-type: none"> • Steamed Rice • Basil with Chicken minces • Omelets with Vegetable <p>กระเพราไก่ + ไข่เจียว ข้าวสวย</p>	<ul style="list-style-type: none"> • Steamed Rice • Pork Chinese palow style • Mix Vegetable Stir-fried <p>หมูพะโล้ เสริฟพร้อมมัคกักรวมมิตร ข้าวสวย</p>	<ul style="list-style-type: none"> • Steamed rice (80 Kcal) • Teriyaki chicken (480 kcal) • Miso Soups (80 kcal) <p>เทริยากิไก่+มิโสะซุปล</p>	<ul style="list-style-type: none"> • Steamed Rice • Chicken with Chili paste (450 kcal) • Spinach with Pork minces <p>ไก่กระซอลนหรือกัณจนง ซุปลีวี่นลั้งหมูตั้ง</p>	<ul style="list-style-type: none"> • Steamed Rice • Roasted Chicken with Thai dressing • Pad Woon sent with Vegetable <p>ลาบไก่ย่าง +มัคกัเส้นมัคกัถาด</p>
NOODLE STATION	NOODLE STATION	NOODLE STATION	NOODLE STATION	NOODLE STATION
<ul style="list-style-type: none"> • Yen Ta Foo (275 kcal) • Red Curry Chicken <p>เส้นต๋ายไฟเขียวกรอบ แกงแดงไก่ฟัด</p>	<ul style="list-style-type: none"> • Stewed Chicken Noodle soup(275 kcal) • Green Pepper corn chicken <p>ก๋วยเตี๋ยวลี้นุ่มมะนาว มัคกักรีกไก่ก่อนไถ่ (NEW)</p>	<ul style="list-style-type: none"> • Chicken noodle lemon sauce (275 kcal) • Yellow Curry Chicken <p>ก๋วยเตี๋ยวลี้นิด มะนาวสด เขียวกรอบ แกงกระหรี่ไก่</p>	<ul style="list-style-type: none"> • Fish Maw soups (Chicken (275 kcal) • Green Curry with Chicken <p>กระเพาะปลาไก่่นอง แกงเขียวไก่</p>	<ul style="list-style-type: none"> • Bun Xiao BBQ Pork /spring roll (NEW) • Papaya with fish curry soup <p>เส้นหมี่หมูย่างอะไร์ +ปลั๊นเขียวกัถาด แกงส้มปลาชะเอวล</p>
VEGETARIAN CHOICE	VEGETARIAN CHOICE	VEGETARIAN CHOICE	VEGETARIAN CHOICE	VEGETARIAN CHOICE
<ul style="list-style-type: none"> • Fried Rice green curry with tofu (275 kcal) <p>ข้าวมัคกัแกงเขียวหวานเต้าหู้</p>	<ul style="list-style-type: none"> • Fried Rice green curry with tofu (275 kcal) <p>ข้าวมัคกัแกงเขียวหวานเต้าหู้</p>	<ul style="list-style-type: none"> • Tofu Chinese stewed soup (275 kcal) <p>พะโล้เต้าหู้เจ</p>	<ul style="list-style-type: none"> • Pad See Eew Noodle with tofu Chili (275 Kcal) มัคกัซึนมาเส้นใหญ่เต้าหู้ 	<ul style="list-style-type: none"> • Lard na with tofu and vegetable 275kcal)
DAILY DESSERT	DAILY DESSERT	DAILY DESSERT	DAILY DESSERT	DAILY DESSERT
<ul style="list-style-type: none"> • Pumpkin with coconut milk แกงขมสดทอด 	<ul style="list-style-type: none"> • Fresh Fruits (80 kcal) 	<ul style="list-style-type: none"> • Maung bean with brown sugar (150 kcal)ถั่วเขียวต้มน้ำตาล 	<ul style="list-style-type: none"> • Fresh Fruits (80 kcal) 	<ul style="list-style-type: none"> • Ice Cream (150 kcal) ไอศกรีม
SNACKS	SNACKS	SNACKS	SNACKS	SNACKS
<p>Morning Snack:</p> <ul style="list-style-type: none"> • Chinese steamed Bun (120 kcal) • Fresh milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> • Viennese Chicken teriyaki (120 kcal) • Fresh milk (80 kcal) 	<p>Morning Snack:</p> <ul style="list-style-type: none"> • Pan cake with cheese (120 kcal) • Fresh milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> • Éclair vanilla (120 kcal) • Fresh milk (80 kcal) 	<p>Morning Snack:</p> <ul style="list-style-type: none"> • Croissant Pandan (120 kcal) • Fresh milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> • Fresh Fruits (150 kcal) • Fresh milk (80 kcal) 	<p>Morning Snack:</p> <ul style="list-style-type: none"> • Sandwich Eggs (120 kcal) • Fresh milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> • Banana Cake (150 kcal) • Fresh milk (80 kcal) 	<p>Morning Snack:</p> <ul style="list-style-type: none"> • Ham Cheese Cups (NEW)(100 kcal) • Fresh Milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> • Mini Chocolate sticks (150 kcal) • Yogurt (80 kcal)

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28 August 2017	29 August 2017	30 August 2017	31 August 2017	2017
<i>Your Choice of Vegetables</i>	<i>Your Choice of Vegetables</i>	<i>Your Choice of Vegetables</i>	<i>Your Choice of Vegetables</i>	<i>Your Choice of Vegetables</i>
INTERNATIONAL CUISINE	INTERNATIONAL CUISINE	INTERNATIONAL CUISINE	INTERNATIONAL CUISINE	INTERNATIONAL CUISINE
<ul style="list-style-type: none"> • Potatoes Cream Soups (100 kcal) • Chicken Butter (300 kcal) • Grilled vegetable salad (100 kcal) • garlic rice (100 kcal) 	<ul style="list-style-type: none"> • Mushroom Cream Soups (100 kcal) • Chicken Parmesan (NEW) (300 kcal) • Grilled vegetable salad (100 kcal) • Pasta noodle (100 kcal) 	<ul style="list-style-type: none"> • Tomatoes Clear Soups (100 kcal) • Chicken Mexican Salsa (300 kcal) • Grilled vegetable salad (100 kcal) • Tortilla Fried (100 kcal) 	<ul style="list-style-type: none"> • Corn Cream Soups (100 kcal) • Fish with Pesto sauces(300 kcal) • Grilled vegetable salad (100 kcal) • Spaghettis (100 kcal) 	
THAI CUISINE	THAI CUISINE	THAI CUISINE	THAI CUISINE	THAI CUISINE
<ul style="list-style-type: none"> • Steamed Rice (80 Kcal) • Roasted Chinese Pork (300 kcal) • Yum Ka tom with pork minces (100 kcal) <p>หมูอบซอส + ข้าวไข่ต้ม เสริฟพร้อมข้าวสวย</p>	<ul style="list-style-type: none"> • Steamed rice • Fish with Thai Dressing • Tofu with Pork mince soups <p>ปลาย่างใบชะพลู+ ซุป เต้าหู้</p>	<ul style="list-style-type: none"> • Fried Rice with Pork • Omelet with vegetable (450 kcal) • Cabbage clear soups <p>ข้าวผัดหมู + ไข่เจียว ซุปกระดูกอ่อนไก่</p>	<ul style="list-style-type: none"> • Steamed Rice • Roasted Pork (450 kcal) • Winter melons soups <p>ข้าวหมูแดง+ซุปลิ้น</p>	
NOODLE STATION	NOODLE STATION	NOODLE STATION	NOODLE STATION	NOODLE STATION
<ul style="list-style-type: none"> • Tom Yum Pork noodle (275kcal) <p>ต้มยำเนื้อหมู ต้มยำ เต้าหู้รวม</p> <ul style="list-style-type: none"> • Green curry with Chicken <p>แกงเขียวหวานไก่</p>	<ul style="list-style-type: none"> • Pad Mee Kho Lad chicken(275kcal) <p>ผัดหมี่โคราชไก่</p> <ul style="list-style-type: none"> • Choo chee Fish <p>จู้จี้ปลา</p>	<ul style="list-style-type: none"> • Lad Na Pork (275 kcal) <p>ลาตหน้าหมูต้มหมูนุ่ม</p> <ul style="list-style-type: none"> • Red Curry Chicken <p>แกงแดงไก่ฟัก</p>	<ul style="list-style-type: none"> • Yen Ta Fo (275 kcal) <p>เย็นตาโปลัดทอด</p> <ul style="list-style-type: none"> • Red Curry Chicken <p>แกงแดงไก่ฟัก</p>	
VEGETARIAN CHOICE	VEGETARIAN CHOICE	VEGETARIAN CHOICE	VEGETARIAN CHOICE	VEGETARIAN CHOICE
<ul style="list-style-type: none"> • Grass noddle with vegetable(275 kcal) <p>ผัดวุ้นเส้นเต้าหู้</p>	<ul style="list-style-type: none"> • Tom Ka Mushroom tofu (275 kcal) ต้มข่าเต้าหู้ เห็ด 	<ul style="list-style-type: none"> • Basil Tofu (275 kcal) กระเพราเต้าหู้ 	<ul style="list-style-type: none"> • Tofu with pesto sauce spaghettis(275 kcal) สปรากเก็ตเต้าหู้เพสโต้ 	
DAILY DESSERT	DAILY DESSERT	DAILY DESSERT	DAILY DESSERT	DAILY DESSERT
<ul style="list-style-type: none"> • Pumpkin with coconut milk (ฟักทองแกงขมิ้น) 	<ul style="list-style-type: none"> • Corn with coconut milk (80 kcal) สาหร่ายข้าวโพด 	<ul style="list-style-type: none"> • Muang bean with brown sugar <p>ถั่วเขียวต้มน้ำตาล</p>	<ul style="list-style-type: none"> • Frozen Fruits (150 kcal) (NEW) 	
SNACKS	SNACKS	SNACKS	SNACKS	SNACKS
<p>Morning Snack:</p> <ul style="list-style-type: none"> • Boiled rice with Chicken (150 kcal) • Fresh Milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> • Muffin bacons (100 kcal) • Fresh Milk (80 kcal) 	<p>Morning Snack:</p> <ul style="list-style-type: none"> • Chocolate Croissant (150 kcal) • Fresh Milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> • Fresh Fruits (100 kcal) • Fresh Milk (80 kcal) 	<p>Morning Snack:</p> <ul style="list-style-type: none"> • Sandwich Chicken (100 kcal) • Fresh Milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> • Brownies (80 kcal) • Fresh Milk (80 kcal) 	<p>Morning Snack:</p> <ul style="list-style-type: none"> • Cheese Sticks (100 kcal) • Fresh Milk (80 kcal) <p>Afternoon Snack:</p> <ul style="list-style-type: none"> • Cookies Oats meals (100 kcal) • Fresh Milk (80 kcal) 	<p>Morning Snack:</p> <p>Afternoon Snack:</p>